



FAMILY CONCERNS: CONVERSATION STARTER

SCORE EACH ITEM ON A

SCALE OF 0-2:

0 = NOT CONCERNED AT THIS TIME

1 = THERE IS SOME CONCERN

2 = I AM VERY CONCERNED ABOUT THIS

I AM CONCERNED ABOUT THE FOLLOWING THINGS

- | | |
|--|--|
| <input type="checkbox"/> Pet Suffering | <input type="checkbox"/> Ability to perform nursing care for pet |
| <input type="checkbox"/> Pet Passing Alone | <input type="checkbox"/> Coping with the loss |
| <input type="checkbox"/> Not knowing the right time for euthanasia | <input type="checkbox"/> Concern for other family members (children) |
| <input type="checkbox"/> Concerned for other pets in the home | <input type="checkbox"/> Uncertainty about euthanasia procedure |

RESULTS:

Total score added from each section

0-4: Concerns are minimal at this time. You have accepted that your pet is nearing their end of life and understand what lies ahead.

5-9: Your concerns are mounting. Begin asking yourself and your veterinary staff questions about your pet's condition. Ensure you are prepared for changes in your pet's life.

10-16: Your concerns about your pet are valid. Now is the time to prepare yourself and build a support systems around you. Your veterinary staff's guidance

SUGGESTED DISCUSSION QUESTIONS & ACTIVITIES TO GO OVER AS A FAMILY OR WITH YOUR VETERINARY STAFF:

Open ended questions to use with your veterinary staff or as a family:

1. Have you been through the loss of a pet before? How was this experience?
2. What is your biggest concern about your pet's quality of life?
3. What is your ideal situation for your pet's passing? (at home? Pass in their sleep? Etc)

Suggestions on using this Quality-of-Life Scale:

1. Complete the scale at different times of the day; note fluctuations in your pet's well-being
2. Have multiple family members complete the scale, compare observations
3. Take periodic pictures of your pet to help catalog their physical appearance and/or changes

